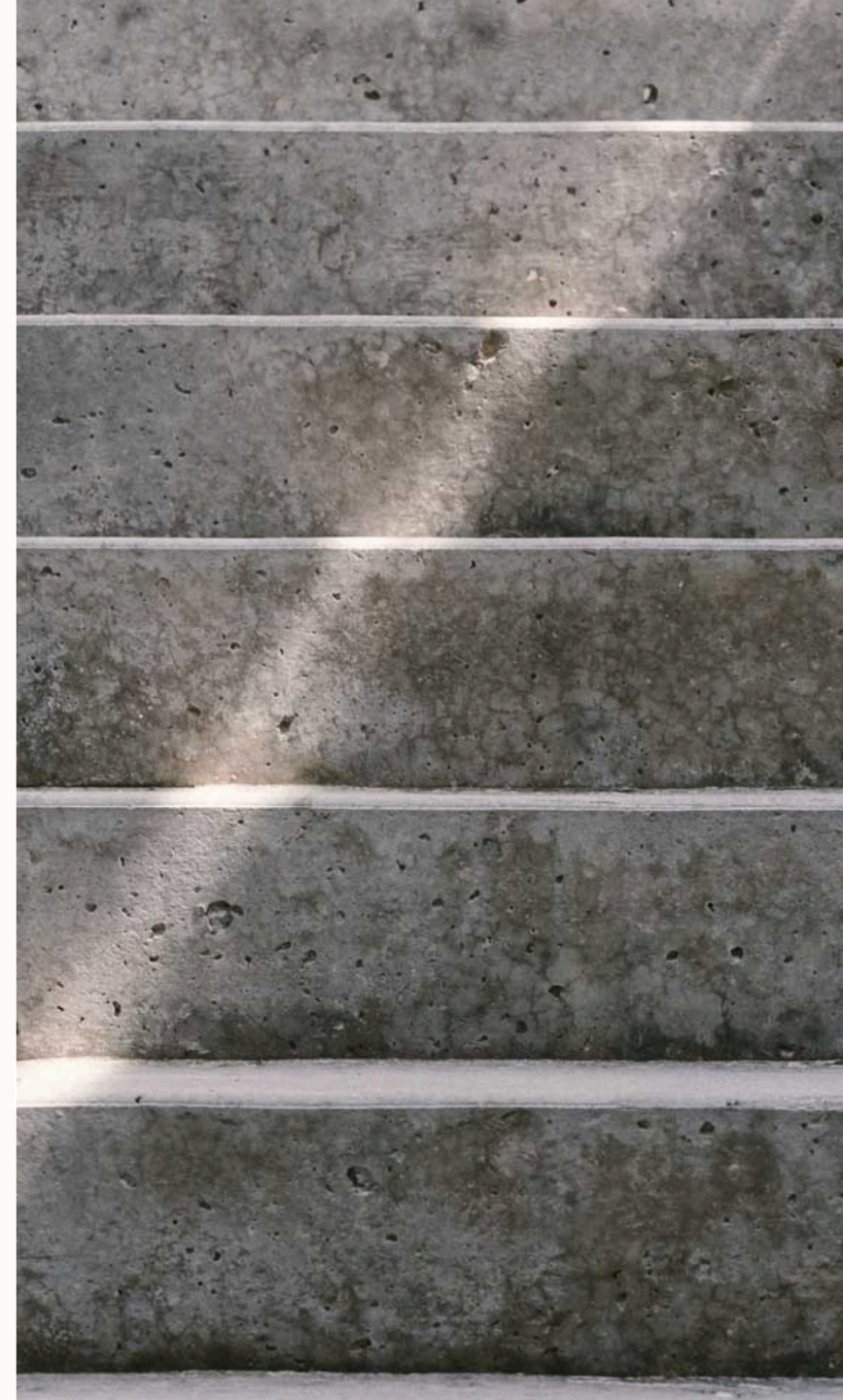


# Ekkist

Architecture for well-being®





Ekkist

Architecture for well-being  
Build / Blueprint / Bespoke

# What is Design for Well-being?

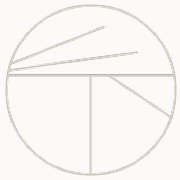
- A science
  - An evolution of sustainability
- A tangible way of adding quality and value

## Why design for Well-being?

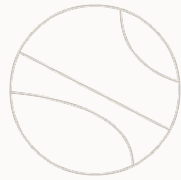
- Medical evidence shows us that buildings can make us healthier, happier and more productive
- 90% want a home that doesn't compromise health and wellbeing and 1/3 willing to pay more for it (2016)

Ekkist

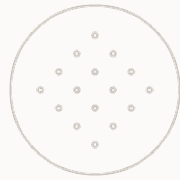
# How can we design housing that improves our health and well-being?



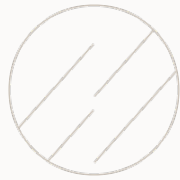
Light



Air



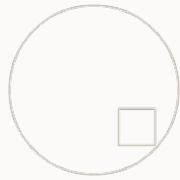
Water



Biosphere



Atmosphere



Adaptability & Longevity



# Design Application



# Aesthetic Considerations

Clay plaster



# Aesthetic Considerations

Timber



Image credit: Jonathan Tuckey

# Aesthetic Considerations

## Furniture and Interiors



Image credit: Ekkist and Another Country

# Relevant Case Studies

As featured in:



COUNTRY LIFE

London Evening Standard

GRAND DESIGNS

how to spend it

Prime & Resi

THE SPACES



Ekkist



# Ekkist Ori House



# Mason & Fifth and Fore Partnership



Image credit: Mason & Fifth and Fore Partnership



# Summary of designing homes for well-being

- Considering location and any mitigation factors required (air, light, water)
- Being mindful of materials selected
- Having consideration of ongoing repairs, cleaning and maintenance
  - Designing for people first

Thank you

[ask@ekkist.co](mailto:ask@ekkist.co)

Social media: [@\\_ekkist](#)

+44(0)1483560249

**Ekkist**

